### **Outline for the Permaculture Design Certification Course**

# **Day 1**:

#### **Session I:** Course Introduction

- Participant Introductions- brief background and course expectations.
- Course administration, timetable, and scheduling.
- Consensus Based Codes of Conduct.
- Description of the Designer's Manual as textbook, and other reading resources.

# **Session II:** Tour of Site

Tour of site and facilities.

# **Activity-** Collecting materials for a compost pile

# **Session III: Ch.1 - Introduction and Ethics**

- What is and Why Permaculture Design?
- Description of challenges and solutions.
- History and philosophy of permaculture as a taught and applied design system.
- The Ethics.

# **Session IV:** The Principles and Examples of PC in the Community

- The Principles as described by Bill Mollison, David Holmgren, and others.
- Applications and examples of permaculture in landscape, society and community.

### **Day 2:**

# Session I: Ch. 2- Concepts and Themes of Design

- Tradition, culture, and belief systems.
- Life principles and natural laws stated.
- Methods of design, resources, yields, cycles, food webs, growth.
- Complexity, connections, order, and chaos, permitted and forced functions.
- Inter-active diversity, stability, fertility, sustainable productivity and profitability, time and yield.

# Sessions II and III: Ch. 3- Methods of Design

- Functional Design Development Analysis, Observation and Deductions from nature
- Maps and using them.
- Sector Planning
- · Slope, Key Points, orientation, aspect, data overlay
- Zones and their placement.
- Designing in zones 1, 2, 3, 4 and 5.
- Incremental design and guilds.
- Succession and evolution
- Establishment and maintenance.
- Designing for Disaster, fire, flood, drought, earthquake, landslip and tsunami.
- The Cultivated ecology and practical procedures of property design.
- Holistic Goal Setting.
- · Needs and resources list
- Intrinsic Characteristic Analysis
- Client Briefs- working with and for other people.

# Session IV: Compost Practicum: Building the compost pile.

# **Day 3:**

# Sessions I and II: Ch.4- Pattern Understanding

- Patterns in nature listed as form, the core model pattern, and properties of media.
- Universal patterns micro to macro, matrices and the strategies of compacting and complexing components.



- Pattern in design, edge effect, boundary conditions, harmonics and geometries of boundaries.
- Compatible and incompatible borders and components, timing and shaping events.
- Flow patterns, open and over landscape and objects, spirals, mnemonics, dimensions and potentials.
- Accretion and expulsion, branching pattern effects, conduits.
- · Orders of magnitude in branches, scale of size.
- Orders, dimensions and classification of events, time and relativity model.
- Tessellation of events in the world we live, pattern application.
- Events, toroidal phenomena and the five senses.
- Memory and pattern recognition, companion planting and guilds.
- Traditional use of cultural patterns in society and in the present world society.

### **Session III: Property Design Exercise**

- Identification of Zones, Sectors, and microclimates.
- Flow Diagrams.
- Creating base maps and overlays.
- Tools of the trade.

# **Session IV:** Natural Building

- Selecting a site for your building.
- Materials and methods.
- Passive heating and cooling designs.
- Roof, wall, and floor materials.

Activity: Natural Building Practicum- making cob.

#### **Day 4:**

### **Session I:** Ch.5- Climatic Factors

- The humid, temperate, cold, arid, continental climates, plus variations.
- Global weather patterns, the engines of atmosphere.
- Humid, arid and minor landscape profiles and orthographic affects.
- Latitude and altitude.
- Precipitation, radiation, and wind.

# **Session II:** Ch.6- Trees And Their Energy Transactions

- Definition of forest and the biomass of a tree.
- Temperature, wind, total precipitation, snow and melt water effect.
- Root, mineral and rain interactions.
- Implications for design.
- The many types of forest.
- Establishing forest.
- Maintaining extending and enhancing forest.
- Establishing a nursery seed collection and in ground plant stock.

# Session III: NZ Native Trees Practicum- Observing NZ Native trees on the site.

### **Session IV:** Forest and Forestry Types

- Timber Species
- Agroforestry
- Sylvopasture
- Food Forests

### **Day 5:**

# **Sessions I and II:** Ch.7- Water

- Chemical & structural properties of water.
- Water in design.
- Regional interventions and the water cycle.

- Water harvesting earthworks for conservation and storage.
- Rain water harvesting,
- Biological water filtration systems
- Irrigation, pumps, and gravity designs.
- Water reduction in sewage systems.

# <u>Session III</u>: Contour Practicum- Building an A-Frame level and a Swale Session IV: Ch.8 - Soils

- Soils direct link to health.
- Traditional methods of investigating soils.
- The pH, organic matter content and primary nutrients.
- Soil pores and crumb structure importance.
- Soil structure and its relationship to life elements, water and base rocks.
- Legumes as nitrogen fixers and the phosphate accumulating plants.
- Plants and biological elements as deficiency indicators and mineral accumulators.
- · Difficult soils.
- Composting for humus creation.
- Seed pelleting, soil erosion and rehabilitation.
- Establishing a worm farm.
- Soils in house foundations.

**Activity**: Jar method to investigate soil makeup

# Day 6: Day Off

#### **Day 7:**

# **Sessions I and II:** Tour of local farms

# **Sessions III and IV:** Designing and Making Profits from Small Farms

- Crop and livestock selection for your site
- Land forming and Zonation
- Market research
- CSA's and direct marketing
- Planting and harvesting schedules
- Harvesting protocols and food preservation
- Seed saving

#### **Day 8:**

#### **Session I:** Ch.9 - Earthworks and Earth Resources

- Earthwork design concept planning.
- Planting after earthworks.
- Types of earthworks, earth constructions and earth resources.
- Understanding the surveying of basic levels and slope measurement.
- Using a farmers level, dumpy level, A-frame and water levels.
- Technique of building a dam, swales, earth banks, terraces, roads and drains.
- Using the right machine for the job.

# Session II: Keyline Design and Broad Acre Strategies

- Identification of Key Points.
- Earthen Dam Construction.
- Keyline Plowing.
- Road design for water harvesting.
- Windbreak and paddock design.

Session III: Earthworks Practicum- Sand Play excercise

Session IV: Design Project Brief

- Design exercise presented to students on a real piece of land with realistic design brief for the local area.
- Students are split up into working groups.
- Students pick a client/project and conduct an interview.

**Activity**: Group design work.

### **Day 9:**

# **Session I:** Ch.10 - The Humid Tropics

- Climate types, tropical soils and earth shaping.
- House design and home garden.
- Integrated land management, Elements of a village complex in the tropics.
- Evolving a polyculture, themes on a palm dominant polyculture.
- Pioneering, animal tractor systems and grassland and rangeland management.
- Humid tropical coast stabilisation and shelterbelts.
- Low islands and coral cay strategies.

### **Session II:** Ch.12 - Humid Cool to Cold Climates

- Characteristics of a humid cool climate, soils, landform, and water conservation.
- Settlement and house design, the home garden, berry fruits, glasshouse growing.
- Orchards, farm forestry, free range forage systems, the lawn.
- Grasslands, rangelands, cold climates, wildfire.

<u>Session III</u>: Ecological Sanitation Practicum- Compost toilets, constructed wetlands, and grey water systems.

# **Session IV:** Seed Saving and Plant Propagation

- Basics of seed saving.
- Identification of desirable traits and provenances.
- Harvesting and Storage.
- Plant Propagation techniques.
- Nursery Design.

**Activity**: Group design work.

### **Day 9:**

# **Session I:** Ch.11 - Dryland Strategies

- Precipitation, temperature, soils.
- Landscape features in deserts, harvesting water in arid lands.
- The desert house, the desert garden, garden irrigation systems.
- Desert settlement and broad strategies.
- Plant themes for drylands, desertification and the salting of soils.
- Cold montane deserts.

### **Session II: Zone 1-3 Animal Systems**

- Backyard poultry
- Pigs, goats, sheep, and cattle
- Beekeeping
- Aquaponics and vermi-ponics

# **Session III: Animal Practicum**

Session IV and V: Design Projects- Group design work.

#### Day 10:

# Session I: Ch.13 - Aquaculture

- The case for aquaculture.
- History and cultural variations.
- Implementing an aquaculture design, species selection and yield.
- Aquaculture as part of design and food supply.

- Aguaculture plant and animal species.
- Farming invertebrates for fish food.
- Appropriate techniques, channel, canal and chinampa.
- · Polyculture traditional and new.

# **Session II:** Urban Design Strategies

- City repair
- Guerrilla gardening
- Seed bombs
- Rooftop gardens
- Metropolitan Buyer's Clubs

### Session III: Alternative Energy and Appropriate Technology Practicum

- Rocket Stoves
- Biogas
- Solar
- Wind

# **Session IV:** Design Projects

**Activity**: Group design work.

### **Day 11:**

# **Session I:** Ch.14 - The Strategies of an Alternative Global Nation

- Invisibles structures
- Alternative global nation.
- Right livelihood.
- Setting up a local permaculture group and working network.
- Community gardens, establishing city farms, urban strategies and land access.

# **Sessions II and III:** Alternative Economies and Bioregional Organization

- Lets, alternative money, bioregional organization, village development, ethical investment.
- Working in different cultures with sensitivity, effective aid.
- Transition Town Movement

**Session IV and V: Design Projects:** Group design work.

#### Day 12:

# **ALL DAY- DESIGN PROJECTS**

**Evening: Talent Show!** 

#### Day 13:

# **Sessions I and II:** Design Project Presentations

### **Session III:** The Permaculture Global Nation

- Diploma information.
- Permaculture academy.
- Certification and student intention affirmations.
- Feedback opportunity on course materials/teaching/activities
- Photographs and goodbyes.